



# CDTT

Creation Dance Teacher Training



Be the best teacher you can be.



## Are you a dancer looking for a teaching qualification?



Creation Dance Teacher Training (CDTT) offers affordable, Certified Dance Teacher Training courses.

Getting qualified with Creation Dance Teacher Training means you can:

**Show prospective employers a certified dance teaching qualification and make getting hired easy!**

**Find cheap, affordable insurance**

**Know how to deal with all teaching and emergency situations**

**Gain access to free ongoing training and join a network of teachers with readily available teaching work nationwide.**

**Start teaching your own Dance Classes**



## Why CDTT?

CDTT provides low cost proof of your ability to teach street dance, which even the most experienced dancers can lack if they haven't taken previous teaching courses.

Training from a qualified dance professional with over 10 years teaching experience

Comprehensive practical course that focuses on your students needs

Low cost and no need for previous qualifications





## Who are We?

Creation Dance is an international dance company specialising in teaching beginners to dance with studios in Europe and Asia. Since starting up in London in 2006, for 4 years, we've been developing the Urban Groovz and Disco Heaven syllabi and methods of teaching and our skilled dance instructors have taught over 3000 people to dance to date!

## Who are your Instructors?

CDTT courses are supervised by Ainhoa Rey, the Principal and Managing Director of Creation Dance London.

For over 10 years, Ainhoa has been performing and teaching across Europe, working with artists such as Geri Halliwell, S Club 7 and Enrique Inglesias. A classically trained dancer, Ainhoa then studied at The Urdang Academy in London for several years before embarking on her career as a professional dancer. As well as dance qualifications, Ainhoa also holds fitness professional qualifications.



## What's in the Course?

### Section 1 (Home Study and Online Test)

Physiology and Anatomy for dancers

Health and Safety in planning dance education

How to create lesson plans that ensure you retain clients, keep your class motivated and set achievable goals

### Section 2 (Practical Training)

- How to structure your classes

- What to prepare

- How to break down your routines in a way that is understandable to non-dancers

- How to explain moves using various communication techniques

- How to safely and effectively warm up a class

- How to interpret choreography

- Musicality and how to convey this to your class

- How to get your class interacting

- How to create and maintain positive learning environments

- How to engage your students

- How to communicate effectively

- How to organise your students

- How to bring out the best from each student

- How to evaluate your classes

- How to demonstrate and correct students

- How to retain your students

- How to progress your students

and more!!!!

# Course content Overview

Introduction	Aerobic and Anaerobic systems	Cool Down	Class Management and Client Care
The Skeleton and frame	The Cardio Respiratory System	Why cool down?	Class Management and Motivation techniques for Beginners
Joints	Dance for Fitness	Planning and Teaching your Class	Communication tools
Joint Movement	Aspects of Fitness	Key Elements of Teaching	Visual cues
The Muscles	Fitness Evaluation	Demonstration	Vocal cues
Muscle Actions	Flexibility for Dance	Observation	Body language/ demonstration
Muscle composition	Motor Fitness	Correction	Client Care
Muscles and Joints	Warm up and Cool Down	Evaluation	Dealing with complaints
Devising safe exercise	Structure of a Warm up	Other key factors in lesson planning	Retaining Clients
Body Systems	Planning the Warm up Components	The clients' first class	
Energy			

## Who can take the course?

If you are over the age of 18 AND you've got any of the below you can sign up for our course.

ALL candidates must be able to confirm that they would pass an independent CRB check should one be carried out.

You will need one of the following:

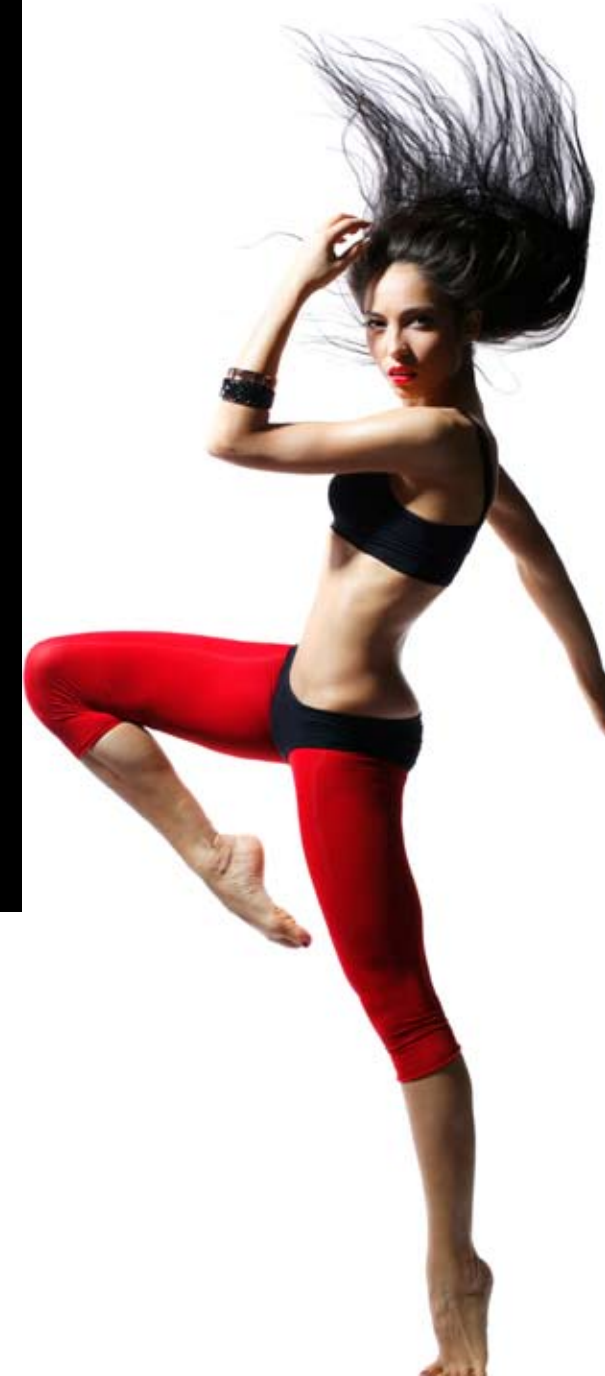
**A dance or performing arts related degree (with a majority dance component); OR**

**Prior dance experience, as a student or a performer (either formal or informal experience)**

**Prior dance teaching, or assistant dance teaching experience**

**A current First Aid certificate (or proof that you are enrolled on a course)**

**All students should be able to pick up routines and choreography and be confident dancers in Street Dance / Hip Hop or Jazz**



## Frequently Asked Questions

### **I am not a professional dancer, can I take the course?**

You do not need to be a professional or trained dancer, but you do need to be proficient in your style of dance. We know that the best dancers do not always make the best teachers, so we are looking for other qualities as well as dance talent. If you have been dancing for over 2 years, have a good grasp of technique and are able to pick up choreography it is likely you will be able to take this course. Obviously, you need to be a competent dancer to teach others to dance, so please carefully consider your dance level before applying as we will not be able to give refunds to those who are unable to complete the course due to lack of experience.

### **Who can I teach for with the qualification?**

There is no nationally recognised street dance teacher qualification at present. You'll be qualified to teach Urban Groovz for any Creation Dance branch across the country. In addition you'll be able to teach for any independent street dance class provider who requires a street dance teaching qualification. If you already have an employer who requires qualification, please check with them as to whether the course content is sufficient for their requirements. We do strive to give the best course we can in safe, effective dance education delivery for street dance in line with government guidelines and best industry practice.

**You will be able to set up your own dance classes with this qualification - talk to us about starting your own classes in your area. Every candidate who passes the examination is considered for teaching work with Creation Dance nationally.**



### **How much is the course?**

£349.00 for London based courses and £199.00 for online based courses

### **When is the next course? How do I book?**

Courses in London run 3 times per year:

March, July and November. You will need to sign up at least 1 month before the practical date so you can complete your theory section.

Sign up online at [www.beadanceteacher.co.uk](http://www.beadanceteacher.co.uk) or email us for an application form.

CREATION DANCE

SEND YOUR APPLICATION TO:

[INFO@CREATIONDANCETEACHERTRAINING.COM](mailto:INFO@CREATIONDANCETEACHERTRAINING.COM)

[www.beadanceteacher.co.uk](http://www.beadanceteacher.co.uk)

